



To ensure the best results for your PillCam Capsule Endoscopy of the small bowel, please follow instructions carefully and completely.

Night before Capsule Endoscopy:

1. Please take Gas-X (found over the counter) before bed
2. Nothing to eat or drink after midnight the night before your appointment. Make sure you arrive on an empty stomach

Day of Capsule Endoscopy

1. Do not take any medications 4 hours before appointment time.
2. Do not apply body lotion or powder to your abdomen.
3. Wear loose fitting, two-piece clothing. Your upper clothing should be opaque, not sheer.

After Swallowing the PillCam SB Capsule

The capsule procedure will last approximately 8-9 hours. Contact the office immediately if you suffer from any abdominal pain, nausea, or vomiting during the procedure.

1. You may drink clear liquids starting 2 hours after swallowing the PillCam capsule.
2. You may have a light snack 4 hours after ingestion. After the examination is complete you may return to your normal diet.
3. Avoid strong electromagnetic fields such as MRI devices or ham radios after swallowing the capsule and until you pass it in a bowel movement.
4. Do not disconnect the equipment or remove data recorder at any time during procedure.
5. Treat Data Recorder carefully. Avoid sudden movements and banging of data recorder.
6. Avoid direct exposure to bright sunlight.